



# Health and Wellbeing 10 Year Strategy (2022-2032) 2022/2023

No of Indicators = 3 | Direction of Travel (DoT) shows the trend of how an indicator is performing against its Polarity over time.  
 Produced by the Business Intelligence Hub April 2024

## Annex A

			Previous Years								2022/2023		Polarity	DOT
		Collection Frequency	2015/2016	2016/2017	2017/2018	2018/2019	2019/2020	2020/2021	2021/2022	Year	Target			
Goal 07: Reduce the rates of suicide and self-harm	PHOF107	Suicide rate - Female (per 100,000 population)	Annual	5.1	6.8	8.6	7.3	5.6	5.4	6.3	6.4	5.0	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	4.7	4.8	4.6	4.6	4.8	4.9	5.1	5.2	-		
		Benchmark - Regional Data	Annual	4.6	4.6	4.8	4.8	5.9	6.1	6.5	6.1	-		
		Regional Rank (Rank out of 15)	Annual	9	12	13	14	5	4	9	8	-		
	PHOF108	Suicide rate - Male (per 100,000 population)	Annual	23	19.3	18.7	17	18.3	21.7	20.9	19.6	16.7	Up is Bad	▼ Green
		Benchmark - National Data	Annual	15.8	15.4	14.7	14.9	15.6	16	16	15.8	-		
		Benchmark - Regional Data	Annual	17.2	16.5	16.4	16.8	18.4	19.3	19	18.3	-		
		Regional Rank (Rank out of 15)	Annual	15	13	11	6	6	12	11	11	-		
	PHE02	Hospital stays for self harm, per 100,000 population	Annual	254.3	231.8	207.9	189.9	163	172.4	155.1	-	137.9	Up is Bad	◀▶ Neutral
		Benchmark - National Data	Annual	196.5	185.3	185.5	196	192.6	181.2	163.7	-	-		
		Benchmark - Regional Data	Annual	190.3	194.7	194.6	205.8	196.9	172.7	146.6	-	-		
		Regional Rank (Rank out of 15)	Annual	14	11	9	7	3	7	9	-	-		